Lodge Farm Primary School

**PSHE AND RSE Progression of Vocabulary**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Skill/Topic Area** | **EYFS**  | **Y1** | **Y2**  | **Y3** | **Y4** | **Y5** | **Y6** |
| Relationships | myself, being gentle, falling out | parents, brothers/sisters, love, worries, telling, private, touching, permission, sharing, kind/unkind, behaviour, polite, safe, unsafe, consequences, rewards, physical contact, preferences  | honesty, listening, arguments, lonely, unhappy, secrets, pressure, hope, fair, choices, boundaries, trust, appreciation | different/diverse families, single parents, same-sex parents, step-parents, blended families, foster and adoptive support, stability, time together, encouragement, privacy, hurtful, self-respect, self worth, positivity, perspectives, roles, negotiation, impact, family conflict, child-centred | teasing, confidence, race, faith, values, shared likes/ interests, peer pressure/influence, jealousy, memories, inner strength, assertiveness | included, peer approval, assertive communication, resolve disputes, physical touch, unwanted, unacceptable, treated equally, traditions, beliefs, discrimination, sexism, racism, homophobia, trolling, self-recognition, self-esteem, | loving, sexual orientation, relationship, commitment, marriage, civil partnership, positive role model, control, power, empathy |
| Living in the wider world. | talents, standing up for myself, perseverance,  | recycling, environment, internet, communicate, online, safety, strengths, interests, success, achievement, learning styles, overcoming obstacles, income, savings, needs, wants, limits, cashpoint, priority | groups, factual, entertainment, false, money, spending, saving, paying, needing and wanting, assumptions, realistic, co-operation | passwords, goals, laws, human rights, accurate information, adapted/ edited images, reliable choices, appropriate searches, myths, skills, compliments, solutions, ambitions, enthusiasm, budgeting, offline safety | democracy, motivation, class citizen, voice, individuals, volunteer, digital footprint, information, advertising, spending, cards, cash, E payment, judgement, influence, impressions, disappointment, overcoming, resilience  | aspirations, national citizenship, vote, participation, online communities, gaming, gambling, protection, media influence, fact, opinion, bias, reliable, suspicious, career, cultural diversity, inclusion, rumours, material wealth, respecting culture, financial success, longterm, charity | global citizenship, Children’s Universal Rights, group dynamics, anti-social behaviour, prejudice, communication, fake, restrictions, manipulate, inappropriate, value for money, critical consumer, debt, fraud, finance, perceptions of normality, disability, exclusion, success criteria, recognition, evaluating |
| Health and wellbeing | exercise, healthy food, physical activity, sleep, bodies, respecting my body, fun, growth | healthy, hygiene, unhealthy, sun safety, unique, medicine, medication, road safety, life cycles (animal/human), male, female, changes | gender, gender diversity, physical health, mental health, dental health, mood, rail safety, water safety, emergency, relaxation, nutrition, lifestyle, life cycle (plants), young, old, independence | healthy choices, balanced diet, positive and negative feelings, setbacks, hazards, fire safety, food labelling, internal, external, needs | love / loss, girlfriend, boyfriend, appearance, acceptance, healthy lifestyle, illness, puberty, menstruation, erection, wet dreams, drugs, side effects, habits, advice, smoking, alcohol, accepting body changes, transition, having a baby, period | benefits, diseases, allergies, vaccination, immunity, identity, individuality, well-being, unsafe, injury, female genital mutilation, vaping, body image, self-image,  | sources of support, mental well-being, strategies, conflicting feelings, grief, intercourse, pregnancy, sperm, egg , womb, fertilize, illegal/ legal, report, personal responsibility, managing stress, substances, exploitation, county lines/gangs, physical attraction, consent, sexting, erection, periods,FGM |
| General whole school terms | belonging, bullying, care, celebrations, challenges, clean, community, conflict, differences, families, family life, fears, friends, friendship, goals, helpful, home, jobs, managing feelings, respect, responsibilities, rights, risks, rules, similarities, special, stereotypes, valuing contributions, witness.Body parts- Breasts, nipples, anus, vagina, penis, testicles. |

\* Additional opportunities to reinforce vocabulary through our links and experiences to explore RSHE, Internet Safety, Science, School Values, British Values, RE and Assembly themes.\*