



# Lodge Farm Primary School November Newsletter



*Caring and working together*

## Christmas is well under way at Lodge Farm!

Nursery, reception year 1 & year 2 children will all be visited

by a special guest

during December, we

have our annual Christmas shop,

Christmas discos for all and our Christmas film night coming up, see our poster for more details



If you need help with or are worried with the rise of the cost of living and have concerns please do not worry about reaching out to us, our Family Liasion Team are here to help.

We also have food bank parcels available for families in need, speak to any member of staff in confidence to ask for this

Contact the school office and ask for an appointment with Mrs Jackson for help, advice and support.



Our football team travelled this week to the Bescot Stadium to enter the Walsall Cup. A fantastic time was had by all and we are sure you agree that they look amazing in their new kits which were paid for by our PTFA—thank you to everyone for supporting our fundraising and helping this to happen!

## Christmas Dinner Friday 9th December

**Please book using the link sent on Marvellous me to order your child's Christmas dinner.**



FOLLOW US ON SOCIAL MEDIA

FACEBOOK—[FACEBOOK.COM/LODGEFARMWILLENHALL](https://www.facebook.com/LODGEFARMWILLENHALL)  
TWITTER—[@LODGEPRIMARY](https://twitter.com/LODGEPRIMARY)



### Parent Pay Reminder

Please could all parents check their accounts regularly and top up when needed. Credit needs to be on accounts prior to attending wrap around clubs and ordering school dinner.

If an account is in persistent debt

we may be forced to revoke club places. If you need support or any help with parent pay, or think that you may be entitled to free school meals, please contact the School office

### PE and Swimming Timetable

PE	Swimming
<b><u>Monday</u></b>	<b><u>Thursday</u></b>
20L Rec	Year 3
RS/CS	Year 6
5GL	4SW
6HL	5RH
<b><u>Tuesday</u></b>	<b><u>Friday</u></b>
2HW	5GL
3PB	4DB
4DB	
<b><u>Wednesday</u></b>	
3ND	
4SW	
<b><u>Thursday</u></b>	
1 HK	
1 ED	
<b><u>Friday</u></b>	
Nursery	
Rec CH	
5RH	
6LL	

Please note that Swimming is part of the curriculum and is a compulsory lesson.

Children who do not have a swimming kit or a medical note will be issued with a spare kit from the school supply



**Lodge Farm Primary School – Calendar of Events for Parents**  
**Autumn 2022**

<b><u>Date</u></b>	<b><u>Time</u></b>	<b><u>Event</u></b>
<b><u>September</u></b>		
Monday 5th September	All Day	INSET Day
Tuesday 6th September	All Day	INSET Day
Wednesday 7th September	8:40	School begins for all children
Friday 30th September	All Day	Non Uniform Day
<b><u>October</u></b>		
4th-10th October	All Week	World Space Week
Wednesday 19th October	TBC	Grand Theatre Pantomime
Thursday 20th October	9:10am	6LL Class Assembly
Thursday 20th October	All Day	Non uniform day
Friday 21st October	All Day	INSET DAY
<b>Monday 24th Oct – Friday 28th October</b>	<b>All Week</b>	<b>Half Term</b>
<b><u>November</u></b>		
Monday 31st October	All day	EYFS Spooky Day
Thursday 3rd November	4:30pm – 6:00pm	Fireworks/Bonfire event
Friday 4th November	9:10am	6HL Class Assembly
TBC	TBC	Parent's Evening
Friday 11th November	9:10	5RH Class Assembly
Friday 18th November	All Day	Children in Need
<b><u>December</u></b>		
TBC	TBC	Christmas Service
Friday 9th December	3:30pm-5:00pm	Christmas Fayre
Friday 9th December	9.30am	Morning Nursery Carol Service
Friday 9th December	2:00pm	Afternoon Nursery Carol Service
TBC	TBC	Book Fayre
Monday 12th December	2.30pm	Reception Nativity-afternoon performance.
Tuesday 13th December	9.30am (approx.)	Reception Nativity- morning performance
Tuesday 13th December	9:10am	10L Class Assembly
Wednesday 14th December	9:30am	Christmas Service at Emmanuel Church
Thursday 15th December	9:10am	5GL Class Assembly
TBC	TBC	Christmas Gift Shop
Friday 16th December	All day	Non uniform day
Friday 16th December	School closes 1.15pm	Finish early
<b>Monday 19th Dec – Tuesday 2nd Jan</b>	<b>2 Weeks</b>	<b>End of Term</b>

Polite reminder—the car park is for staff only. Please do not attempt to enter or turn around on site, there are various options available for parents who drive to school including breakfast club and the walking bus which is accessible by car. Please call the office for details, and thank you to those parents who are parking considerately and walking to school.



DECEMBER  
2022



# CHILDREN'S

CHRISTMAS CELEBRATIONS

AT LODGE FARM PRIMARY SCHOOL



Join us after  
school for our

Christmas Fair  
9th December

## SPECIAL VISITOR

Nursery, Reception and Y1 & Yr 2 children  
will be visited by a very special guest who will read them a  
Christmas story and leave them with a very special gift.



Elfridges  
Shop

GIFTS COST BETWEEN  
£2 AND £5

BETWEEN MONDAY  
5TH & THURSDAY 8TH  
DECEMBER



• Christmas  
DISCO & FILM NIGHT

Film - Thursday 8th

Disco - Tuesday 13th

Tickets on sale from  
office or Parent Pay

CHRISTMAS  
JUMPER DAY



WEAR YOUR CHRISTMAS

OUTFITS ON  
FRIDAY 2ND  
DECEMBER.



# WALSALL CHRISTMAS HOLIDAY PROGRAMME



**Walsall Council are offering all eligible children the opportunity to join our Christmas Holiday Activity and Food programme (HAF).**

## How do I know if my child is eligible?

For your child to take part in the programme you must live in Walsall, your child must be eligible for income-based free school meals and be aged between 5 and 16 years old.

## What do we offer?

The Department for Education's (DfE) funded, Holiday Activity and Food Programme is delivered locally by Walsall Council in partnership with over 60 local providers.

It is aimed at eligible children and young people and their families to provide an opportunity to be active over the Christmas Holidays, meet other children and take part in activities they may not usually get the chance to try.

At each activity, whether it is a holiday club or pick and mix session a healthy meal will be provided.

## When does the Christmas HAF programme start?

The activities will take place over the Christmas holidays for four days from **Monday 19 December to Thursday 22 December**.

## Christmas programme provision

For the Christmas programme running from **Monday 19 December to Thursday 22 December 2022** your child can choose one of the following options:

### 4-Day Activity Club

A holiday club providing a range of activities throughout the day. This is for children to engage with a range of activities for at least four hours a day, four days a week, per child.

OR

### Choose up to four session from a range of 'Pick and Mix' activities on offer.

Children booked to attend pick and mix activities will receive a total of one food box and an activity pack per child.



# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.



## 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

## 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

## 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, lumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

## 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

## 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

## FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0808 800 5000

## 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

## 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

## 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

## 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

## 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**NOS** National Online Safety®  
#WakeUpWednesday



**Lodge Farm PTFA Presents**

*Christmas Jumper  
Day*

**Friday 2nd December**

Send your child in their Christmas Jumper and if you can, bring in a coloured donation on Friday 2nd December which can include toiletries, stationary, small gifts, chocolates, sweets, drinks....whatever you'd like:

Nursery-Red  
Reception-Orange  
Year 1-Yellow  
Year 2-Green  
Year 3-Blue  
Year 4-Purple or Pink  
Year 5-Black or White  
Year 6-Gold or Silver

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We will be raffling Rainbow Hampers for £2 a strip.  
Raffle tickets on sale between Monday 5th December & 14th December with  
draw taking place on 15th December

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**ALL money for raffle tickets must be clearly labelled with name and class  
in a sealed envelope-exact money only as change cannot be given.**