



**PSHE question:** What will change as we become more independent? How do friendships change as we grow?

**Year:** 6 **Term:** Summer Term

## Key Knowledge/Content:

- **Mental health-** Learn some problem-solving strategies for dealing with emotions, challenges, and change, including the transition to new schools can affect how people feel.
- **Growing and changing-** Learn about the processes of reproduction and birth as part of the human life cycle and how babies are conceived and born.
- **Friendships-** Discuss how friendships can change over time, about making new friends and the benefits of having different types of friends.

## Key vocabulary with definition:

### Prior vocabulary:

- **Puberty-** The period during which adolescents reach sexual maturity and become capable of reproduction.
- **Changing-** Make (someone or something) different; alter or modify.
- **Responsibilities-** The opportunity or ability to act independently and take decisions without authorisation.

### New vocabulary:

**Additional information regarding the vocabulary used during this topic can be requested.**

## Links to:

### Prior learning:

To discuss how we change during puberty.

### Future learning:

To prepare pupils for education in secondary school.

## By the end of this unit

**All children can: recognise** some problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools and how this can affect how people feel.

**Most children can: demonstrate** how new opportunities and responsibilities that increasing independence may bring.

**Some children can: demonstrate** and **explain** the processes of reproduction and birth as part of human life.

## Background understanding for teachers and parents:

This unit will be focused on transitioning into secondary school and discussing how friendships might change over time. Children will learn the biology of how a baby is made.

## Curriculum Driver:

Communication

## Evidence outcome:

Children will be able openly discuss their emotions moving on to secondary school.