



**PE Topic:** Outdoor Adventure

**Year:** 6 **Term:** Spring 1

## Key Knowledge/Content:

- To apply and develop a broader range of skills and learn how to use them in different ways.
- To communicate, collaborate and compete with each other.
- To learn how to evaluate and recognise their own success.
- To take part in outdoor and adventurous activity challenges both individually and within a team.
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best.

## Links to:

### Prior learning:

To record information accurately and use orienteering conventions.

### Future learning:

To plan and respond to more complex challenges.

## Key vocabulary with definition:

### Prior vocabulary:

- Grounds – The area that belongs to school.
- Environment – The area in which you are working.
- Maps – A pictorial representation of an environment.
- Partner – Someone you work with.
- Teamwork – A group of people working together.
- Competition – When only one person/team can win.
- Direction – Where something is going.
- Skills – What you need in order to achieve something.
- Symbols – Some pictures with meaning.
- Safely – Minimise risk.
- Trust – To be able to rely on someone.
- Problem solving – Trying to find a solution.
- Communication – Sending and receiving information.

### New vocabulary:

- Orienteering – To use a map to get from one point to another.
- Course – Follow a map along a set route.
- Control points – A marked checkpoint.
- Strategy – To have a plan of action.
- Route – A specified course.

## By the end of this unit

**All children can:** **plan** and **navigate** a variety of orienteering challenges, using map reading and compass skills.

**Most children can:** **view** and **appraise** their own and others' performances.

**Some children can:** **plan** and **respond** to challenges that are more complex.

## Background understanding for teachers and parents:

This half term is Outdoor Adventure, which focuses on Orienteering. The children will develop their collaboration and communication skills by working in teams, reading maps and following different courses.

## Curriculum Driver (one):

Communication

## Evidence outcome:

Plan and navigate a variety of orienteering challenges as a team, using map reading and compass skills.