



**PSHE Topic:** How can we help in an accident or an emergency?

**Year:** 5 **Term:** Spring 1

## Key Knowledge/Content:

- **Keeping safe-** Learn basic First Aid skills and know when it is appropriate to call the emergency services.
- Learn First Aid skills from resources made for schools by St John's Ambulance.

## Links to:

### Prior learning:

To learn how to keep themselves safe and where to seek help.

### Future learning:

To use these skills in the wider world and be able to explain what to do in an emergency situation.

## Key vocabulary with definition:

### Prior vocabulary:

- **Emergency-** A serious, unexpected situation requiring immediate action.
- **Emergency services-** Public services that respond to emergencies when they occur.
- **Ambulance**
- **First aid-** Help given to a sick or injured person until full treatment is available.

### New vocabulary:

- **Burns-** An abrasion to the skin cause by chemicals or something hot.
- **Scalds-** Hot liquid on the skin.
- **Inhaler –** Medicine used by asthmatics as a preventative or during an asthma attack.

## By the end of this unit

**All children can: recognise** that they need to remain calm if they see someone needing first aid and **know** when to call the emergency services.

**Most children can: demonstrate** how to administer basic First Aid for head injuries, burns and scalds and if someone is having an asthma attack.

**Some children can: demonstrate** and **explain** how to administer first aid using the correct techniques and to remain calm in the situation.

## Background understanding for teachers and parents:

This unit will focus on First Aid basics for beginners. The purpose is so that children won't feel panicked if they see someone who needs first aid. They will know when to call the emergency services and to remain calm.

## Curriculum Driver:

Knowledge of the World

### Evidence outcome:

To use prior knowledge to deal with situations they may face in the wider world.