



PE Topic: Net and Wall

Year: 4 Term: Summer 2

Key Knowledge/Content:

- To apply and develop a broader range of skills.
- To develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
- To use running, jumping, throwing and catching in isolation and in combination.
- To play competitive games and apply basic principles suitable for attacking and defending.
- To develop flexibility, strength, technique, control and balance.

Links to:

Prior learning:

To play games using a racket, getting their body into good positions and hitting a ball/shuttlecock fed to them accurately.

Future learning:

To use attacking and defending skills effectively.

Key vocabulary with definition:

Prior vocabulary:

- Sending – Passing a ball to someone else.
- Make use of space – Move around the court.
- Points – Teams can earn points when they score.
- Rules – To ensure the game is played fairly and safely.
- Court – Where a game of tennis takes place.
- Target – Where you're trying to get the ball.
- Forehand – A stroke played with the palm of the hand facing forwards.
- Backhand – A stroke played with the back of the hand facing forwards.
- Rally – When a ball is passed back and forth.

New vocabulary:

- Keeping score – A record of what points each team has.
- Making space – Moving away from people to create space.
- Passing – Sending the ball to someone else.
- Receiving – Catching the ball.
- Boundary – The markings of the court.
- Net – Used to divide the court in half.
- Defending – Attempting to prevent your opponent from scoring.
- Hitting – Sending the ball somewhere via the racket.
- Stance – The way you place your feet.
- Overhead – Hitting the ball above your head.

By the end of this unit

All children can: use forehand and backhand when **hitting** a tennis ball.

Most children can: track the ball and **get** into a good position to **return** it.

Some children can: make the game difficult for the opponent.

Background understanding for teachers and parents:

This half term is Net and Wall, with a focus on tennis. The children will have the opportunity to take part in a variety of activities and games to develop their skills.

Curriculum Driver (one):

Communication

Evidence outcome:

To communicate with each other during games, and to discuss and evaluate their own and others' performances using key vocabulary.