



**PE:** Outdoor Adventure

**Year:** 4 **Term:** Spring 2

## Key Knowledge/Content:

- To apply and develop a broader range of skills and learn how to use them in different ways.
- To communicate, collaborate and compete with each other.
- To learn how to evaluate and recognise their own success.
- To take part in outdoor and adventurous activity challenges both individually and within a team.
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best.

## Links to:

### Prior learning:

To use maps and diagrams to orientate themselves and successfully navigate around a simple course.

### Future learning:

To follow a simple orienteering trail using a variety of map reading and compass skills.

## Key vocabulary with definition:

### Prior vocabulary:

- Partner – someone you work with.
- Teamwork – a group of people working together.
- Competition – when only one person/team can win.
- Direction – where something is going.
- Skills – what you need in order to achieve something.
- Safely – minimise risk.
- Trust – to be able to rely on someone.
- Problem solving – trying to find a solution.
- Communication – sending and receiving information.

### New vocabulary:

- Maps – a pictorial representation of an environment.
- Symbols – some pictures with meaning.
- Grounds – the area that belongs to school.
- Environment – the area in which you are working.
- Orienteering – to use a map to get from one point to another.
- Course – follow a map along a set route.
- Control points – a marked checkpoint.
- Strategy – to have a plan of action.
- Route – a specified course.

## By the end of this unit

**All children can:** read a map using more complex keys and symbols to complete a variety of orienteering exercises.

**Most children can:** choose and apply strategies and skills to meet the requirements of the challenge.

**Some children can:** record information accurately and use orienteering conventions.

## Background understanding for teachers and parents:

This half term is Outdoor Adventure, which focuses on Orienteering. The children will develop their collaboration and communication skills, by working in teams, reading maps and following different courses.

## Curriculum Driver (one):

Communication

### Evidence outcome:

Read a map using more complex keys and symbols to complete a variety of orienteering exercises.

Work and communicate with others.