



PE Topic: Dance

Year: 4 **Term:** Spring 1

Key Knowledge/Content:

- To apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- To communicate and collaborate with each other.
- To perform dances using a range of movement patterns.
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Links to:

Prior learning:

To develop flexibility, agility, balance and co-ordination.

Future learning:

To combine movement ideas fluently and perform them expressively.

Key vocabulary with definition:

Prior vocabulary:

- Space – The area around you.
- Copying – Doing the same as someone else.
- Repetition – Doing the same thing again.
- Action – Your choice of movement.
- Reaction – Your response to something.
- Costume – What you wear.
- Props – Objects used within a performance.

New vocabulary:

- Pattern – Repetition within a structure.
- Unison – Performing at the same time as each other.
- Mirroring – Copying someone facing you.
- Canon – Performing one after the other.
- Phrase – A group of steps.
- Improvisation – Created spontaneously, without preparation.
- Character – A person in a story.
- Gesture – A small movement to express an idea.

By the end of this unit

All children can: **create** and **link** dance phrases using a simple dance structure.

Most children can: **explore** and **create** characters and movement with a partner in response to stimuli.

Some children can: **remember**, **practise** and **combine** longer, more complex dance routines.

Background understanding for teachers and parents:

This half term is Dance. The children will explore movement and respond imaginatively to a range of stimuli. They will be given the opportunity to create and perform short sequences, showing greater control, co-ordination and spatial awareness.

Curriculum Driver (one):

Communication

Evidence outcome:

Create and link phrases following a simple dance structure and work and communicate with others.