



PE Topic: Outdoor Adventure

Year: 3 Term: Summer 2

Key Knowledge/Content:

- To develop a broader range of skills, learning how to use them in different ways.
- To recognise their own success.
- To take part in outdoor and adventurous activity challenges both individually and within a team.
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Links to:

Prior learning:

To follow instructions, understand simple rules and take part in team games.

Future learning:

To read a map using more complex keys and symbols to complete a variety of orienteering exercises.

Key vocabulary with definition:

Prior vocabulary:

- Environment – The area in which you are working.
- Map – A representation of an area of land.
- Symbols – Some pictures with meaning.
- Move – To change position.
- Travel – To go from one place to another.
- Instructions – A direction or order.

New vocabulary:

- Orienteering – A group sport that requires navigational skills.
- Route – A specified course.
- Grounds – The area that belongs to school.
- Partner – Someone you work with.
- Teamwork – A group of people working together.
- Competition – When only one person/team can win.
- Direction – Where something is going.
- Skills – What you need in order to achieve something.
- Safely – Minimise risk.
- Trust – To be able to rely on someone.
- Problem solving – Trying to find a solution.
- Communication – Sending and receiving information.

By the end of this unit

All children can: hold a plan, **orientate** themselves successfully and **understand** the use of symbols.

Most children can: solve simple challenges, choosing and applying strategies in order to complete the task quickly and accurately.

Some children can: put their own ideas forward and **listen** to others' ideas.

Background understanding for teachers and parents:

This half term is Outdoor Adventure, with a focus on working with others. The children will have the opportunity to take part in different games and activities, which will develop a range of skills.

Curriculum Driver (one):

Communication

Evidence outcome:

Work and communicate with others to find the best way of completing a task and develop ways of solving problems and disagreements and find ways to compromise