



PE Topic: Movement

Year: 3 **Term:** Autumn 2

Key Knowledge/Content:

- To continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- To perform dances using a range of movement patterns.
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Links to:

Prior learning:

To copy and demonstrate basic body movements demonstrated by the teacher.

Future learning:

To create and link dance phrases using a simple dance structure.

Key vocabulary with definition:

Prior vocabulary:

- Speed – How slow or fast something moves.
- Direction – Where something is going.
- Space – The area around you.
- Beginning – The start of something.
- Middle – In between the beginning and the end.
- End – When something finishes.
- Feelings – Emotions and how we feel.
- Levels – High, low, etc.

New vocabulary:

- Pathways – The route someone takes to get from one place to another.
- Rhythm – A strong, regular, repeated pattern of movement or sound.
- Repeat – To do something again.
- Perform – An act of presenting something to an audience.
- Pattern – A repeated element.
- Unison – When two or more people perform exactly the same movement at exactly the same time.

By the end of this unit

All children can: explore different ways of travelling around the room at different levels.

Most children can: recognise the beat of a piece of music.

Some children can: improvise freely on their own and with a partner and translate ideas from a stimulus into movement.

Background understanding for teachers and parents:

This half term is Movement. The children will explore movement and respond imaginatively to a range of stimuli. They will be encouraged to remember and repeat a short dance, showing greater control, co-ordination and spatial awareness.

Curriculum Driver (one):

Communication

Evidence outcome:

To perform different body movements; to recognise and describe how different dance activities make them feel and to work with others.