



PSHE Topic: What helps keep us safe?

Year: 2 **Term:** Spring 1

Key Knowledge/Content:

- **Physical health and wellbeing:** Recognise and be able to talk about emotions, including having a varied vocabulary of words to use when talking about their own emotions.
- **Relationships- Managing hurtful behaviour and bullying:** Discuss being safe online and what to do if they feel worried and where to seek help if they need too.

Links to:

Prior learning:

Discuss being safe online and what to do if they need help and support.

Future learning:

Understand how to safeguard themselves and discuss the dangers of the internet that are currently in the media.

Key vocabulary with definition:

Prior vocabulary:

- Online safety- Individuals are protecting themselves and others from online harms and risks, which may jeopardise their personal information.
- Permission – The action of officially allowing someone to do a particular thing; consent or authorization.
- Safe- Protected from or not exposed to danger or risk.

New vocabulary:

- Cyberbullying- The use of electronic communication to bully a person, typically by sending messages of an intimidating or threatening nature.
- Peer on peer- Child-on-child abuse, when a child places harm or abuse on another child

By the end of this unit

All children can: **recognise** risks in different situations, including online risks, and **discuss** their feelings and how to protect themselves.

Most children can: **demonstrate** how to protect themselves in unfamiliar situations and confidently **verbalise** who they would talk to if they feel worried or unsafe.

Some children can: **demonstrate** and **explain** being safe online including being able to give examples of peer pressure.

Background understanding for teachers and parents:

Keeping children safe is integral part of school life. We aim to give children the tools to protect themselves online and feel confident to talk to a trusted adult if they feel worried or unsafe in unfamiliar situations.

Curriculum Driver:

Aspirations

Evidence outcome:

We encourage all children to look towards the future and be confident in using technology safely.