Lodge Farm Primary School - Knowledge Organiser

PE Topic: Movement

Year: 1 **Term:** Autumn 2

Key Knowledge/Content:

- To extend their agility, balance and co-ordination, individually and with others.
- To perform dances using simple movement patterns.

Key vocabulary with definition:

Prior vocabulary:

- Space – The area in which you're moving.
- Beginning – The start of something.
- Middle – Between the beginning and the end.
- End – When something finishes.
- Feelings – Emotions and how we feel.
- Body parts – Different parts of the body e.g. hands, feet.

New vocabulary:

- Travel – Using your body to move within a space.
- Stillness – Not moving.
- Direction – Forwards, backwards, sideways, etc.
- Forwards – In front of you.
- Backwards – Behind you.
- Sideways – To the left or right.
- Speed – How fast or slow something is.

Links to:

Prior learning:

To copy and demonstrate basic body movements demonstrated by the teacher.

Future learning:

To begin to compose their own individual dances to different themes.

By the end of this unit

All children can: **show** how different body actions can show different moods and feelings.
Most children can: **use** changes of speed, level and direction.
Some children can: **remember** and **repeat** a short dance **showing** greater control, coordination and spatial awareness.

Background understanding for teachers and parents:

This half term is Movement, with a focus on animals. The children will explore different actions and travel. They will also learn to recognise the beat in a piece of music and begin to perform in front of others.

Curriculum Driver (one):

Communication

Evidence outcome:

To work with others within different activities and to listen to feedback about performance.